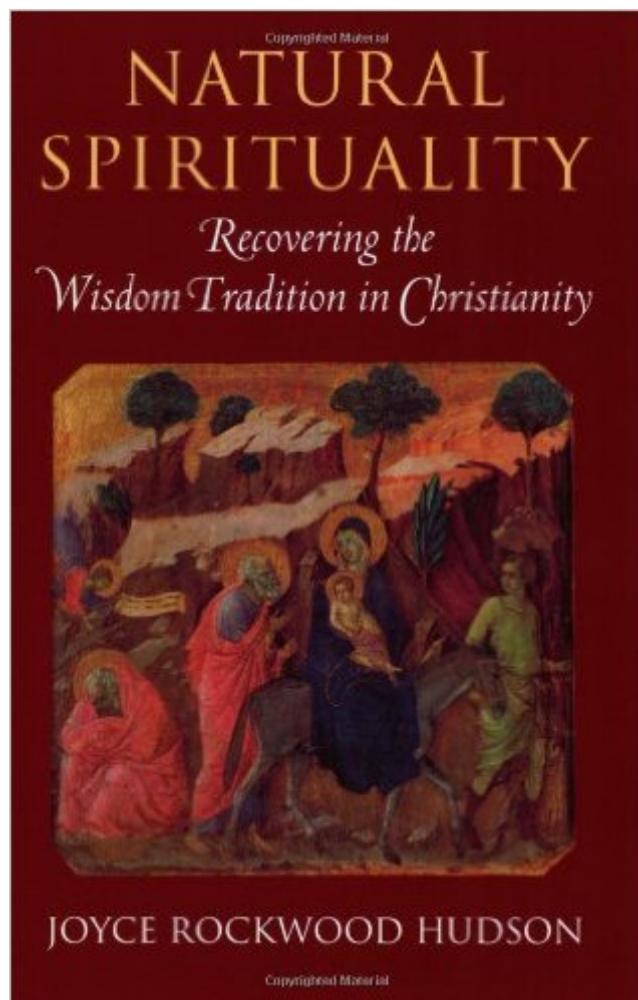


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# Natural Spirituality: Recovering The Wisdom Tradition In Christianity



## **Synopsis**

Natural Spirituality moves Jungian dream work from the professional world of the analyst's office into the everyday world of the laity in the local church. The book offers serious Christians in every community an opportunity to embark upon the spiritual path of individuation. With clarity and simplicity Joyce Hudson puts into her reader's hands the tools for inner work that Carl Jung offered to Christianity. Joyce Hudson then goes beyond Jung to present original models of masculine and feminine wholeness. In illustrating the masculine model, she offers an analysis of the lives and music of the Beatles that is both insightful and entertaining. To illustrate the model of feminine wholeness, Hudson joins ranks with C.S. Lewis, Robert Johnson, Marie-Louise von Franz, and Erich Neumann in putting forth her own interpretation of the classical myth of Psyche and Eros. Finally, she offers detailed advice and helpful resources for instituting continuing programs for inner work in local churches. While maintaining deep respect for Church tradition, this highly readable work opens the door for an expanded and enlivened Christianity.

## **Book Information**

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## **Customer Reviews**

This book helps Christians connect to the natural wisdom nature of God through explaining and encouraging the use of Jungian spiritual tools based in the Christian tradition. Hudson explains that if we respect and follow this relationship and its leadings through dreams and synchronicity, we will move toward our own inner and outer personal wholeness on a journey of individuation. Hudson describes how we come to this new way of thinking and perceiving through a transformational spiritual journey with the unconscious world that can't be denied. Along this journey, Hudson says

we develop a new way of seeing, as Taoism teaches, and become more attentive to a spiritual dimension in the physical world in everything around us. She encourages the importance of individual and highly personal teachings from God through dreams and synchronicity as the ultimate spiritual teacher over following collective teachings. Hudson says that it is very important how we relate to the unconscious and that we take its truth's seriously and integrate it into our lives. She encourages us to bring the importance of individuation to churches through regular dream groups. If we choose this path, she says, we are following The Way and find our unique and harmonious place in life. In chapter one, I really appreciated reading Hudson's inner/outer earthquake journey since I have had a similar experience in my life. It made me feel less alone with it. Her vulnerability to expose such intimate details of her life touched my heart. I liked how she validated and reinforced for me the importance of the 4 functions of consciousness, dreamwork, synchronicity, and the opposites. I liked how she showed the grace of the unconscious that compensates for our human-created false illusions.

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